



CORK International Optimist Regatta 2019

August 8-11, 2019
CORK/Sail Kingston
Portsmouth Olympic Harbour
Kingston, Ontario, Canada

Notice of Race (NoR)

The notation '[DP]' in a rule in the NoR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification (RRS 64.1).

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The following national prescription may require advance preparation.
RRS 46 – Person in Charge - Sail Canada prescribes that the designated person in charge, if resident in Canada, shall be a member of a club affiliated with Sail Canada.
- 1.3 RRS Appendix P, Special Procedures for RRS 42 will apply. RRS Appendix P may be amended in the SIs.
- 1.4 Racing rule RRS 61.1(a) will be changed as follows:
A boat intending to protest shall notify the Race Committee at the Finish Line immediately after finishing.
- 1.5 The preamble to RRS Part 4 and RRS 40 are changed to require personal flotation devices (PFD's) to be worn at all times when afloat, except when changing clothing.
- 1.6 If there is a conflict between languages the English text will take precedence.
- 1.7 The sailing instructions will consist of the instructions in RRS Appendix S, Standard Sailing Instructions, and supplementary sailing instructions that will be on the official notice board located at Portsmouth Olympic Harbour.
- 1.8 CODA Guidelines governing eligibility, courses and other aspects of the racing can be found here: <http://www.optican.org/class-info>.

2 ADVERTISING

- 2.1 Boats may be required to display advertising chosen and supplied by the organizing authority. If this rule is broken, World Sailing Regulation 20.9.2 applies. **[DP]**

3 ELIGIBILITY AND ENTRY

- 3.1 The regatta is open to boats of the Optimist class that have met all class measurement requirements. Participants must have met class membership requirements, completed registration and paid all event fees before beginning official competition. (All Canadian sailors must be current members in good standing of CODA.)
- 3.2 Eligible boats may enter online at www.cork.org and pay the required fee (VISA, MC, Debit Card, Money Orders or Bank Drafts accepted), to the CORK/Sail Kingston office on or before August 8th, 2019.
- 3.3 Each competitor must submit a completed PARENT/GUARDIAN DECLARATION prior to racing. The declaration is attached below and can be found [here](#).

- 3.4 Sailors competing in CODA sanctioned events shall compete either in the Championship Fleet or the Green Fleet for novice sailors. Within the Championship Fleet, scoring shall be broken down into the following categories <http://www.optican.org/class-info> :
- Red fleet (for sailors that have reached the age of 13 by the first day of scheduled racing at the event and who are not older than 15 years old as of December 31st of the year of the event)
 - Blue fleet (for sailors that have reached the age of 11 by the first day of scheduled racing at the event and are younger than 13 years of age as of the first day of the event)
 - White fleet (for sailors that have not reached the age of 11 years old before the first day of scheduled racing at the event)
- Overall (R-B-W: all Red, Blue and White sailors scored as one group)

Green Fleet – eligibility for the Optimist Class Green Fleet is per CODA guidelines. They are at <http://www.optican.org/green-fleet-guidelines> with additional relevant material at <http://www.optican.org/class-info>

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5 FEES (VISA, MC, Debit Card, Money Orders and Bank Drafts accepted)

5.1 The entry fee covers racing, a regatta souvenir and snacks after racing.

5.2 Required fees are as follows:

Date	Fees
Completed entry form and entry fee received on or before July 15, 2019	CAD \$215.00 + 13% HST
After July 15, 2019	CAD \$269.00 + 13% HST

5.3 On-line and in-person registrations will close at 6pm on Thursday, August 8th. All pre-registered competitors must check-in with the CORK registration desk by close of registration. Late check-in is by permission of the organizing authority.

6 QUALIFYING SERIES AND FINAL SERIES

For Optimist R-B-W fleet the regatta may consist of a qualifying series and a final series. The decision will be made at the end of registration on Thursday, August 8th.

7 SCHEDULE

7.1

Date	Time	Event
Thursday, August 8	All Day	Venue opens for competitors. An earlier arrival must be coordinated with the organizing authority and may be subject to a daily fee.
	1200-1800	Competitor and Coach Registration and check-in at POH (CORK registration desk)
Friday, August 9	0900	Coaches Meeting
	1000	Opening of CORK Optimist Regatta 2019 & participants' information meeting
	1030	Green Fleet Regatta Briefing
	1200	Warning signal for 1 st Race – all fleets, other races to follow ASAP

CORK/Sail Kingston
 Portsmouth Olympic Harbour, 53 Yonge St. Kingston, ON, K7M 6G4
 Phone: (613) 545-1322 Email: sail@cork.org

	After Racing	Debrief and Snacks
Saturday, August 10	0900	Coaches Meeting
	1100	Warning signal Next race, others to follow ASAP
	After Racing	Debrief and Snacks
Sunday, August 11	0900	Coaches Meeting
	1100	Warning signal Next race, others to follow ASAP
	After Racing	Snacks and awards

7.2 Number of races:

Class/Fleet	Number	Races per day
Optimist – R,B,W	9 - 12	3 or 4
Optimist – Green	TBD	TBD

7.3 On the last day of the regatta no warning signal will be made after 1600.

8 MEASUREMENT

Measurement checks may be conducted.

9 SAILING INSTRUCTIONS

The sailing instructions will be available at check-in and may be posted on-line at www.cork.org

10 VENUE

10.1 Racing will be in Lake Ontario south of Portsmouth Olympic Harbour

11 THE COURSES

The courses to be sailed will be standard trapezoid for the Red, White, Blue fleets and windward/leeward for the Green fleet.

12 PENALTY SYSTEM

RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

13 SCORING

13.1 One race is required to be completed to constitute a series.

13.2 a) When 4 or fewer races have been completed; a boat's series score will be the total of her race scores.

b) When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

13.3 Results will be posted on the course notice boards and copies will be made available as soon as practicable.

13.4 The green fleet will not be scored, but race finishes will be posted.

14 SUPPORT PERSONNEL AND SUPPORT BOATS

14.1 Coaches and support boats must register in-person and list the fleet(s) and competitor(s) they are coaching/supporting in the Notes/Comments section. A numbered flag will be issued at check-in and must be displayed. Coaches are invited to participate in after race snacks. There is no coach fee but a \$20.00 deposit for the flag is required. **Coaches and supporters are required** to monitor the CORK course channel on their VHF radios and be available to assist with safety when requested. Coaches are expected to attend the coaches meeting each morning. The Sailing Instructions may give additional requirements for Coaches on the water.

14.2 The racing rules of sailing governing all support personnel (including coaches, parents and other persons acting in support of the competitors) became effective on 1 January, 2018. Competitors and

support personnel are advised to review the new rules at “2017-2020 RRS Changes and Corrections”.
<http://www.sailing.org/documents/racingrules/index.php>

15 **BERTHING**

Boats shall be kept in their assigned places/assigned area while they are in the boat park. **[DP]**

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19 **PRIZES**

Prizes will be given as follows: top 3 overall and top 3 girls, with additional awards for each fleet (if 1-3 sailors - one award, if 4-5 sailors - two awards, if 6-10 sailors - three awards, if 11-20 sailors - four awards, if 21 or more sailors - five awards). The top Canadian overall will receive the Valerie Bergeron Award. All participants in the Green Fleet will receive the same award for participation. Green fleet will not be scored, but race by race finish positions will be posted, Additional prizes may be awarded.

20 **PHOTO AND VIDEO DISCLAIMER**

By participating in the event, competitors give absolute right and permission for any photograph and video footage taken of themselves or the boat they are sailing during the event to be published in any media whatsoever, for either editorial or advertising purposes or to be used in press information without compensation.

21 **DISCLAIMER OF LIABILITY RISK STATEMENT**

RRS 4 of the Racing Rules of Sailing states: “*The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.*” Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizers does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

22 **FURTHER INFORMATION**

For further information please contact the CORK office sail@cork.org or via phone +1 613 545 1322.

Additional useful information regarding accommodations, travel, boat charters, equipment services and area recreation are available at www.cork.org.

Charter boats may be available <http://www.cork.org/charter-boats/>

Canadian Prescriptions can be found at

http://www.sailing.ca/files/RRS_2017_2020_Sail_Canada_Prescription_Final_EN.pdf



This form is required for all athletes under 18 years of age. It must be signed by the Parent/Guardian or person acting in loco parentis. A word version can be found at <http://www.cork.org/wp-content/uploads/2018/08/This-form-is-required-for-all-athletes-under-18-years-of-age.docx>

**PARENT/GUARDIAN/LOCO PARENTIS DECLARATION
for
CORK Events**

Event: _____

Name of Competitor: _____

Class: _____ **Sail number:** _____

Parent/Guardian/LoCo Parentis Declaration:

I confirm I am the legal guardian of this competitor or have been asked by the legal guardian to act in loco parentis. I accept the Disclaimer of Liability below, which excludes said dependent's right to claim compensation in certain circumstances. I confirm that said dependent is competent to take part. I consent to said dependent participating in drug testing procedures and, if asked, providing a urine sample under observation for analysis at an accredited laboratory.

During the event (tick one):

- I will be responsible for my dependent throughout the event, and during the time my dependent is afloat I will be available at the event venue, either on land or water.
- The person named below, who has agreed to act in loco parentis will be responsible for said dependent throughout the event. During the time said dependent is afloat he/she will be available at the event venue, either on land and water.

Disclaimer of Liability:

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- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizers does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances

Name of Parent/Guardian: _____

Address: _____ telephone/mobile: _____

Person in loco parentis: _____ telephone/mobile: _____

Signature of Parent/Guardian/LoCo Parentis: _____