



# SAILING

# INSTRUCTIONS

**CORK Olympic Classes Regatta: 49er,  
49er FX, i14, 505  
August 16-20, 2019  
Kingston, Ontario, Canada**

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**CORK Olympic Classes Regatta  
Sail Canada Senior Championships  
I14 North American Championships  
505 Canadian Championships  
Friday August 16 – Tuesday August 20, 2019  
Supplement to  
RRS Appendix S: Standard Sailing Instructions (SSI)  
49er, 49er FX, i14, 505**

*[DP]* denotes a rule for which a penalty is at the discretion of the protest committee.

*[NP]* denotes that a breach of this rule will not be grounds for a protest by a boat.

*[GP]* 505s ONLY - denotes that if a boat breaches this rule and is identified, she will be disqualified without a hearing, even if the race is restarted, re-sailed, or rescheduled.

**1 RULES – adds to SSI:**

- 1.2 Penalties for infraction of RRS part 4 – except those exempted by RRS 86.1 – may be less than disqualification.
- 1.3 RRS Appendix T will apply.
- 1.4 For all classes, Rule 44.1 and P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

**2 NOTICES TO COMPETITORS – adds to SSI:**

- 2.3 The official notice board is located in the Sail Measurement Hall, to the East of the lobby.

**3 CHANGES TO THE SAILING INSTRUCTIONS – changes SSI 3.1:**

- 3.1 Any change to the sailing instructions will be posted before 0930 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

**4 SIGNALS MADE ASHORE – changes SSI 4.2, adds 4.3 - 4.5:**

- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the RRS race signal AP.
- 4.3 The flagpole is located at the NE corner of the main building.
- 4.4 *[DP]* Boats shall NOT launch until flag D is displayed with one sound. The warning signal will be made not less than 45 minutes after flag D is displayed.
- 4.5 When a signal is displayed over a fleet or course flag, it applies to that fleet or course only.

**5 SCHEDULE – adds to SSI:**

5.2 Detailed schedule

| Class                  | Detail                         | Saturday<br>Aug. 17 | Sunday Aug.<br>18 | Monday<br>Aug. 19 | Tuesday<br>Aug. 20 |
|------------------------|--------------------------------|---------------------|-------------------|-------------------|--------------------|
| 505                    | Scheduled Races                | 5 per day           |                   | n/a               |                    |
|                        | First Warning Signal           | 1200                |                   |                   |                    |
|                        | Latest Time for Warning Signal | n/a                 | 1600              |                   |                    |
| 49er, 49er<br>FX, i14s | Scheduled Races                | 4 per day (see 5.4) |                   |                   |                    |
|                        | First Warning Signal           | 1200                |                   |                   |                    |
|                        | Latest Time for Warning Signal | n/a                 |                   |                   | 1600               |

5.3 One extra race may be sailed per day, provided that no class or fleet becomes more than one race ahead of schedule.

5.4 For the i14s ONLY, on Sunday August 18<sup>th</sup> or Monday August 19<sup>th</sup> a Long Distance race may be held, as either the first or second of the day. A notice will be posted before 1700h on the day before it will be held, indicating the course details and whether it will be the first or second race of the day. The race committee decision to hold or not hold the Long Distance Race, the day it is scheduled, or its sequence on the day, shall not be grounds for protest or redress.

**6.1 CLASS FLAGS – changes SSI 6.1**

- **49er** “49er” on contrasting background.
- **49er FX** “FX” on contrasting background.
- **i14** class insignia on contrasting background
- **505** class insignia on contrasting background

**7 THE COURSES – changes SSI 7.1 - adds 7.3 – 7.7 and drawings LH2, LO2:**

7.1a 49ers, 49er FX, and 505s will always sail course LH2; it will not be posted.

7.1b i14s will sail course LO2 (it will not be posted), except in the case of a long distance race being scheduled (see 5.4). The details of the course for a long distance race will be posted before 0930 on the morning of the race; the course designation LD will be posted to indicate the Long Distance course is to be sailed.

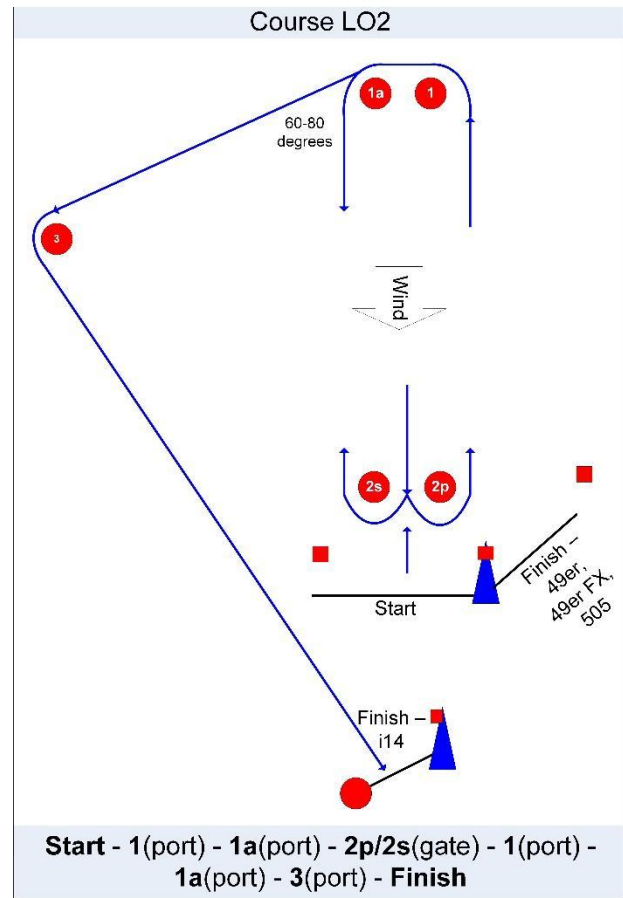
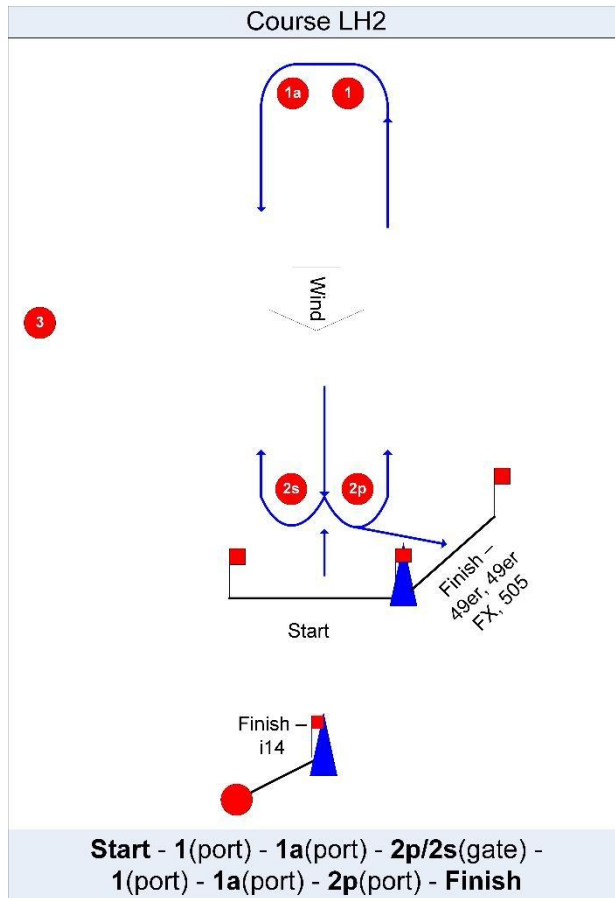
7.3 The race area is located approximately 1.5 miles ESE of the mouth of the harbour. A chart will be posted on the official notice board, displaying the approximate location of each course.

7.4 If mark 1a is not present it will be omitted from the rounding order.

7.5 Mark 1a will NOT be replaced if there is a change of course.

7.6 If either of mark 2s/2p are missing, the remaining mark will be rounded to port.

7.7 The VHF radio channel for this race area is **08**.



**8 MARKS** – adds to SSI 8.1:

| Start Mark         | 1, 1A, 2S, 2P Marks       | Finish Mark (49er, 49er FX) | 3 Mark (i14)            | Finish Mark (i14)       | NEW Marks (as in 10.1) |
|--------------------|---------------------------|-----------------------------|-------------------------|-------------------------|------------------------|
| <b>Orange Flag</b> | <b>Orange Inflatables</b> | <b>Orange Flag</b>          | <b>Green Inflatable</b> | <b>Green Inflatable</b> | <b>Red Inflatable</b>  |

**9 THE START** – changes SSI 9.2, adds 9.3 – 9.16:

9.2a 505s ONLY: a Rabbit Start will be used, with the starting line between the start line mark and the centre of the stern of the gate boat immediately following the rabbit, which shall proceed from the start line mark on port tack; all boats shall remain on starboard tack until the rabbit has tacked to starboard.

9.2b For other classes, the starting line will be between a staff displaying an orange flag on the signal boat, and either the course side of the starting mark, or a staff displaying an orange flag on a pin-end race committee boat.

9.3 Initial Starting Sequence (first race of each day):

| Sequence | 1          | 2          | 3                   |
|----------|------------|------------|---------------------|
| Fleet    | <b>i14</b> | <b>505</b> | <b>49er/49er FX</b> |

9.4 Starting sequence after the first race of each day may vary.

- 9.5 Starts may be combined at the discretion of the race committee.
- 9.6 After a significant delay, to alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal for at least one minute before a warning signal is displayed.

*Sections 9.7 – 9.16 are for 505s only and cover the Rabbit Start:*

- 9.7 The race committee will appoint a pathfinder and a reserve pathfinder for the first race of the event. Thereafter, the pathfinder will be the tenth boat in the preceding race. When she is unable to race, or has been the pathfinder previously in the event, the pathfinder will be the ninth boat in the preceding race and so on. The reserve pathfinder will then be the next boat in the preceding race.
- 9.8 The sail numbers of pathfinder and reserve for the first race of each day will be posted on the official notice board and will be displayed on the race committee signal vessel before flag G is displayed. If more than one race is sailed on the same day, the numbers will be displayed on the race committee signal vessel before flag G is displayed for each successive race.
- 9.9 The pathfinder and reserve shall report to the race committee signal vessel after their numbers are displayed and before the warning signal is displayed. A pathfinder or reserve that fails to report will be scored Did Not Start. This changes RRS A4 and A5.
- 9.10 [NP] [GP] Prior to the preparatory signal being lowered, the pathfinder shall report to the gate boat (displaying flag G and located near the race committee signal vessel) and follow the race committee's instructions.
- 9.11 [NP] Shortly before the starting signal the pathfinder will position itself near the port limit mark and shall sail as close as possible to the starting signal (not before and within 10 seconds after) from the port limit mark on a close-hauled port tack. The gate boat will keep station close astern and slightly to leeward of the pathfinder.
- 9.12 [NP] The pathfinder shall sail a close-hauled course until it is released by hail from the gate boat, after which the pathfinder may continue or tack. When she tacks or when the gate has been opened for the period signaled, she ceases to be a starting mark.
- 9.13 After the release of the pathfinder, the gate boat will continue its course and speed until the gate has been opened for the period signaled. It will then stop, make a long sound signal, drift for two minutes, and signal the close of the gate by lowering their G flag with a short sound signal.
- 9.14 From the time the pathfinder is approaching the port limit mark to start until the pathfinder or gate boat cease to be a starting mark, a boat must not touch the pathfinder or obstruct the pathfinder or gate boat in any way that causes the start to be abandoned.
- 9.15 If a boat breaks 9.14 and is identified, she will be disqualified without a hearing, even if the race is restarted, re-sailed, or rescheduled. If a general recall is signaled or the race is abandoned after the starting signal, the race committee will display the boat's sail number for at least 3 minutes before the next warning signal for that race, and if the race is restarted or re-sailed, she shall not sail in it. However, a boat may participate in the restarted race providing she notifies the race committee prior to the warning signal that she intends to protest another boat and/or request redress in connection with the incident. If she sails in the race and does not file a valid protest or request for redress, she shall be scored DNE. If her protest is dismissed or her request for redress is denied, she shall be scored DSQ. This changes RRS 36, 62.2, 63.1, and A5.
- 9.16 A boat that cannot avoid touching the gate boat but the contact does not result in the abandonment of the start, shall retire,

**12 TIME LIMITS** - adds 12.4 – 12.6:

- 12.4 Boats failing to start within the Starting window will be scored DNS. This changes RRS A4 and A5.

12.5 Limits:

| Class              | Starting Window | Mark 1     | Race Time Limit | Finishing Window |
|--------------------|-----------------|------------|-----------------|------------------|
| I14                | 4 minutes       | 25 minutes | 75 minutes      | 20 minutes       |
| 49er, 505, 49er FX |                 | 15 minutes | 50 minutes      |                  |

12.6 Finishing on Course: The race committee may, at its discretion, award points to a boat, equivalent to the boat's position in a race, prior to the expiration of the Finishing Window. The race committee determines the method and order. This changes RRS 35, A4 and A5.

**13 PROTEST AND REQUESTS FOR REDRESS – changes SSI 13.1, 13.2**

13.1 Protest, Request for Redress and Scoring Query forms are available at the protest committee desk in the main lobby.

13.2 For each course, the protest time limit is 60 minutes after the last boat racing on the course finishes the last race of the day or the race committee signals no more racing today, whichever is later.

**14 [DP][NP] SAFETY REGULATIONS – added section:**

14.1 Competitors are reminded of the Risk Statement in the Notice of Race, and that participation indicates acknowledgement and agreement. A copy is posted on the official notice board.

14.2 All competitors shall Check-out at the desk in the main lobby prior to leaving the harbor.

14.3 No competitor shall launch until Flag D is displayed (see 4.4).

14.4 On water prior to the warning signal of the first race of each day competitors shall sail past the stern of the Signal Boat on Starboard tack and hail their sail number until acknowledged by the Race Committee

14.5 All boats shall return directly to the harbour and shall Check-in after completing their last race of the day.

14.6 Failure to comply with SI 14.1 before leaving the harbour, or with SI 14.5 by the end of protest time shall result in a competitor having points equal to 10% of the fleet\* rounded to the nearest whole number added to their score without a hearing for the first violation, and 20% for the second violation. Additional alleged violations are subject to protest and, following a hearing, a penalty may include disqualification. This changes RRS 63.1, A3 and A5. Any boat so penalized may request redress under RRS 62.1 if the competitor believes the race committee made an error.

\* In the case where a class is split this refers to the fleet to which the competitor is assigned that day; during a qualifying series the penalty will be that of the largest fleet

14.7 A boat that retires from a race shall notify the race committee as soon as possible.

14.8 **Competitors shall wear an approved personal flotation device** securely fastened **at all times when afloat** except briefly while changing or adjusting clothing or personal equipment. This changes RRS 40.

**15 OFFICIAL BOATS– added section:**

Official boats will be marked as follows: safety/patrol boats will display a yellow flag with a centered vertical red stripe, jury boats will display a code flag J, and media boats will display a flag with the letter "M" on contrasting background.

**16 [DP][NP] SUPPORT PERSONNEL AND COACHES MEETINGS – added section:**

16.1 All support personnel, as defined in the RRS (as amended January 1<sup>st</sup>, 2018), shall comply with CORK's Support Team Regulations (posted on the Official Notice Board and available online).

16.2 There will be a coaches meeting every morning, two hours prior to the scheduled time of the first warning signal (unless otherwise posted no later than 2000h the day before) The objectives of these meetings are to coordinate the safety response, receive feedback from the coaches and support personnel on the regatta organization, exchange viewpoints and inform the coaches about changes in the sailing instructions and regatta organization in general.

**17 [DP][NP] HARBOUR AND SITE REGULATIONS – added section:**

- 17.1 All boats shall be launched and hauled out as directed by the organizing authority. At the sole discretion of the organizing authority, dollies and trailers with protrusions may be prohibited from the launch area.
- 17.2 No boat, except those in assigned mooring areas, shall be left unattended in the water.
- 17.3 Boats shall be kept in their assigned areas in the boat park.
- 17.4 Automobiles and other vehicles must be parked only in accordance with Portsmouth Olympic Harbour, the City of Kingston and the organizing authority's posted signage.
- 17.5 Failure to follow these regulations by any competitor or the support personnel for that competitor may result in the rescinding of the entry for that competitor, or protest and subsequent disqualification from one or more races, or such other penalty as may be assessed by the protest committee.

**18 [DP] REPLACEMENT OF CREW OR EQUIPMENT – added section:**

- 18.1 In the event of damage and/or crew change, boats, equipment, or crew may only be substituted with the written permission of the race committee, except as in 18.2. Equipment/Crew Substitution Forms will be available at the protest committee desk.
- 18.2 If the damage or need for crew substitution occurs less than 2 hours before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the race committee and the written permission of the race committee shall be requested before the end of the protest time limit at the end of the day in which the substitution takes place.

**19 [DP] EQUIPMENT AND MEASUREMENT – added section:**

- 19.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by the race committee to proceed immediately to a designated area for inspection.
- 19.2 A boat will register only one sail number and will have that number on the main sail. A boat which races with no number or a number other than the one registered with the organizing authority may be protested and subsequent disqualification from one or more races or such other penalty as may be assessed by the protest committee.
- 19.3 For recording purposes, the organizing authority reserves the right to require numbers or letters on a sail to be adjusted, repaired, outlined in black or replaced.

**20 [DP][NP] IDENTIFICATION AND ADVERTISING – added section:**

- 20.1 Boats may be required to display advertising supplied by the organizing authority.
- 20.2 The organizing authority requires the top three competitors in each Sail Canada Championship to wear leader bibs provided by the organizing authority. Competitors are required to pick up the leader bibs at sign-out prior to launch and return them at sign-in each day. Competitors are required to wear a leader bib shall wear their bibs at all times while afloat under the same restrictions as PFDs.



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