



# SAILING

# INSTRUCTIONS

**CORK International Optimist Regatta:**

**Opti Green Fleet**

**August 8-11, 2019**

**Kingston, Ontario, Canada**





**CORK International Optimist Regatta**  
 Thursday August 8–Sunday August 11, 2019  
**Supplement to**  
**RRS Appendix S: Standard Sailing Instructions (SSI)**  
**Opti GREEN**

*[DP]* denotes a rule for which a penalty is at the discretion of the protest committee.

**1 RULES – adds to SSI:**

1.2 Protests or Requests for Redress are not permitted by competitors; this changes Rule 60.1.

**2 NOTICES TO COMPETITORS—adds to SSI:**

2.3 The official notice board is located in the Sail Measurement Hall, to the East of the lobby.

**3 CHANGES TO THE SAILING INSTRUCTIONS—changes SSI 3.1:**

3.1 Any change to the sailing instructions will be posted before 0930 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

**4 SIGNALS MADE ASHORE—changes SSI 4.2, adds 4.3 - 4.5:**

4.2 When flag AP is displayed ashore, “1 minute” is replaced with “not less than 45 minutes” in the RRS race signal AP.

4.3 The flagpole is located at the NE corner of the main building.

4.4 *[DP]* Boats shall NOT launch until flag D is displayed with one sound. The warning signal will be made not less than 45 minutes after flag D is displayed.

4.5 When a signal is displayed over a fleet or course flag, it applies to that fleet or course only.

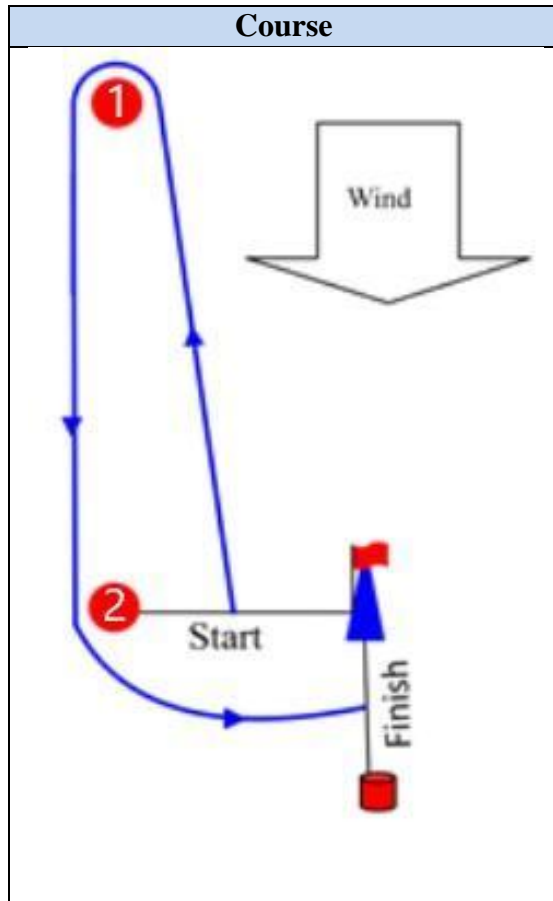
**5 SCHEDULE—adds to SSI:**

5.2 Detailed schedule

|                                | Friday Aug. 9                  | Saturday Aug. 10 | Sunday Aug. 11 |
|--------------------------------|--------------------------------|------------------|----------------|
| Scheduled Races                | Varies depending on conditions |                  |                |
| First Warning Signal           | 1200                           | 1100             |                |
| Latest Time for Warning Signal | 1730                           |                  | 1600           |

**6.1 CLASS FLAGS—changes SSI 6.1**

- **Optimist** Green flag.



**7 THE COURSE** changes SSI 7.1, adds 7.3–7.5, drawing

7.1 Only the course shown in this supplement will be used and no course designation will be posted on the signal boat.

7.3 The race area is located approximately 0.5 mile S of the mouth of the harbour. A chart will be posted on the official notice board, displaying the approximate location of each race area.

7.4 Rounding order:

Start – 1 (port) – 2 (port) – Finish.

7.5 The VHF radio channel for this race area is **10**.

**8 MARKS**—adds to SSI 8.1:

|                           |                    |
|---------------------------|--------------------|
| Mark 1, Start Mark/Mark 2 | Finish Mark        |
| <b>Green Inflatable</b>   | <b>Orange Flag</b> |

**9 THE START**—adds 9.3:

9.3 After a significant delay, to alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal for at least one minute before a warning signal is displayed.

**12 TIME LIMITS**—changes SSI 12.3; adds 12.4–12.5:

12.3 There will be no finishing window (see 12.5).

12.4 Limits:

|                   |                   |
|-------------------|-------------------|
| Mark 1            | Race Time Limit   |
| <b>30 minutes</b> | <b>60 minutes</b> |

12.5 Finishing on Course: The race committee may, at its discretion, award a finishing place to a boat, equivalent to the boat's position in a race, prior to a boat finishing. The race committee will determine the method and order. This changes RRS 35, A4 and A5.

**13 PROTEST AND REQUESTS FOR REDRESS—changes SSI 13.1-13.2**

13.1 Protests or Requests for Redress are not permitted by competitors; this changes Rule 60.1 (*this is a training fleet, and is not scored—only finishing places will be posted; discussions of rules and potential violations are welcome after racing*).

13.2 For each course, the protest time limit is 60 minutes after the last boat racing on the course finishes the last race of the day or the race committee signals no more racing today, whichever is later.

**14 [DP] SAFETY REGULATIONS—added section:**

14.1 Competitors are reminded of the Risk Statement in the Notice of Race, and that participation indicates acknowledgement and agreement. A copy is posted on the official notice board.

14.2 All competitors shall Check-out at the desk in the main lobby prior to leaving the harbor.

14.3 No competitor shall launch until Flag D is displayed (see 4.4).

14.4 On water prior to the warning signal of the first race of each day competitors shall sail past the stern of the signal boat on Starboard tack and hail their sail number until acknowledged by the race committee

14.5 All boats shall return directly to the harbour and shall Check-in after completing their last race of the day.

14.6 Failure to comply with SI 14.1 before leaving the harbour, or with SI 14.5 by the end of protest time shall result in a competitor having points equal to 10% of the fleet\* rounded to the nearest whole number added to their score without a hearing for the first violation, and 20% for the second violation. Additional alleged violations are subject to protest and, following a hearing, a penalty may include disqualification. This changes RRS 63.1, A3 and A5. Any boat so penalized may request redress under RRS 62.1 if the competitor believes the race committee made an error.

\* In the case where a class is split this refers to the fleet to which the competitor is assigned that day; during a qualifying series the penalty will be that of the largest fleet

14.7 A boat that retires from a race shall notify the race committee as soon as possible.

14.8 **Competitors shall wear an approved personal flotation device** securely fastened **at all times when afloat** except briefly while changing or adjusting clothing or personal equipment. This changes RRS 40.

**15 OFFICIAL BOATS— added section:**

Official boats will be marked as follows: safety/patrol boats will display a yellow flag with a centered vertical red stripe, jury boats will display a code flag J, and media boats will display a flag with the letter "M" on contrasting background.

**16 [DP] SUPPORT PERSONNEL AND COACHES MEETINGS—added section:**

16.1 All support personnel, as defined in the RRS (as amended January 1<sup>st</sup>, 2018), shall comply with CORK's Support Team Regulations (posted on the Official Notice Board and available online), **except that coach boats are permitted on the course** when such assistance would aid in training new sailors, as long as there is no interference with other sailors.

16.2 There will be a coaches meeting every morning, two hours prior to the scheduled time of the first warning signal (unless otherwise posted no later than 2000h the day before) The objectives of these meetings are to coordinate the safety response, receive feedback from the coaches and support personnel on the regatta organization, exchange viewpoints and inform the coaches about changes in the sailing instructions and regatta organization in general.

**17 [DP] HARBOUR AND SITE REGULATIONS—added section:**

17.1 All boats shall be launched and hauled out as directed by the organizing authority. At the sole discretion of the organizing authority, dollies and trailers with protrusions may be prohibited from the launch area.

- 17.2 No boat, except those in assigned mooring areas, shall be left unattended in the water.
  - 17.3 Boats shall be kept in their assigned areas in the boat park.
  - 17.4 Automobiles and other vehicles must be parked only in accordance with Portsmouth Olympic Harbour, the City of Kingston and the organizing authority's posted signage.
  - 17.5 Failure to follow these regulations by any competitor or the support personnel for that competitor may result in the rescinding of the entry for that competitor, or protest and subsequent disqualification from one or more races, or such other penalty as may be assessed by the protest committee.
- 18** *[DP]* **IDENTIFICATION AND ADVERTISING**—*added section:*  
Boats may be required to display advertising supplied by the organizing authority.



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