



## CORK Fall Regatta 2019

World Sailing ranking event for Olympic Classes  
ILCA-NA No Coast Championships (ranking event for Laser Standard, Radial and 4.7)  
Fogh Gold Cup #6 for Laser Standard and Radial (Open)  
Ontario Championships

September 20-22, 2019

CORK/Sail Kingston  
Portsmouth Olympic Harbour  
Kingston, Ontario, Canada

## Notice of Race (NoR)

*The notation '[DP]' in a rule in the NoR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification (RRS 64.1).*

### 1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The following national prescription may require advance preparation:  
*RRS 46 – Person in Charge - Sail Canada prescribes that the designated person in charge, if resident in Canada, shall be a member of a club affiliated with Sail Canada.*
- 1.3 RRS Appendix P, Special Procedures for RRS 42 may apply. RRS Appendix P may be amended in the SIs.
- 1.4 The preamble to RRS Part 4 and RRS 40 are changed to require personal flotation devices (PFD's) to be worn at all times when afloat, except when changing clothing.
- 1.5 If there is a conflict between languages the English text will take precedence.
- 1.6 The Sailing Instructions will consist of the instructions in RRS Appendix S, Standard Sailing Instructions and supplementary sailing instructions that will be on the official notice board.

### 2 ADVERTISING

- 2.1 Boats may be required to display advertising chosen and supplied by the organizing authority. If this rule is broken, World Sailing Regulation 20.9.2 applies. [DP]

### 3 ELIGIBILITY AND ENTRY

- 3.1 The regatta is open to boats of the Laser Standard, Laser Radial (Women and Open), Laser 4.7, 49er, 49er FX(open), 29er, Club 420, i420 and Optimist classes that have met all class measurement

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requirements. Participants must have met class membership requirements, completed registration and paid all event fees before beginning official competition.

- 3.2 Eligible boats may enter by completing the online form and submitting it through the event website ([www.cork.org](http://www.cork.org))
- 3.3 Each competitor under 18 years of age must submit a completed PARENT/GUARDIAN DECLARATION prior to racing. The declaration is attached below and can be found [here](#).
- 3.4 All Optimists will race in the Championship Fleet. Within the fleet, scoring shall be broken down into the following categories <http://www.optican.org/class-info> :
- Red fleet (for sailors that have reached the age of 13 by the first day of scheduled racing at the event and who are not older than 15 years old as of December 31st of the year of the event)
  - Blue fleet (for sailors that have reached the age of 11 by the first day of scheduled racing at the event and are younger than 13 years of age as of the first day of the event)
  - White fleet (for sailors that have not reached the age of 11 years old before the first day of scheduled racing at the event)
- Overall (R-B-W: all Red, Blue and White sailors scored as one group)

#### 4 SPARE

#### 5 FEES (Visa, MC, Debit Card, Money Orders and Bank Drafts accepted)

5.1 The entry fee covers racing, a regatta souvenir and snacks after racing.

5.2 Required fees are as follows:

Date	Fees
Completed entry form and fee received <b>on or before Friday September 6, 2019</b>	Single Handed - CAD \$139+ 13% HST
	Double Handed - CAD \$184+ 13% HST
After Friday September 6, 2019	Single Handed - CAD \$174.00 + 13% HST
	Double Handed - CAD \$230.00 + 13% HST

5.3 On-line and in-person registrations will close at 2000 on Friday, September 20<sup>th</sup>. All pre-registered competitors must check-in with the CORK registration desk by 2000 on Friday September 20<sup>th</sup>. Late check-in by permission of the organizing authority.

#### 6 QUALIFYING SERIES

For some classes, the regatta may consist of a qualifying series and a final series. The decision will be made at the end of registration on Friday, September 20<sup>th</sup>.

#### 7 SCHEDULE

7.1

Date	Time	Event
Thursday, September 19	All day	Venue will open for competitors. An earlier arrival must be coordinated with the organizing authority and may be subject to a daily fee.
Friday, September 20	1400-2000	Competitor and Coach Registration and check-in at POH (CORK registration desk)
Saturday, September 21	0900	Coaches meeting
	0930	Opening of Fall CORK 2019
	1130	1 <sup>st</sup> Race – all fleets, other races to follow ASAP

Sunday, September 22	0900	Coaches Meeting
	1130	Next race, others to follow ASAP
	After Racing	Awards

7.2 Number of races:

Class/Fleet	Number	Races per day
Laser Standard, Laser Radial, Laser 4.7, Club 420, i420 and Optimist	6	3
49er, 49er FX, 29er	10	5

7.3 On the last day of the regatta no warning signal will be made after 1500.

**8 EQUIPMENT AND EQUIPMENT INSPECTION**

Measurement inspections may be conducted.

**9 SAILING INSTRUCTIONS**

The supplement to RRS Appendix S will be available at check-in and may be posted on-line at [www.cork.org](http://www.cork.org).

**10 VENUE**

Sailing will be in Lake Ontario South of Portsmouth Olympic Harbour

**11 THE COURSES**

The courses to be sailed will be windward-leeward or trapezoid.

**12 PENALTY SYSTEM**

12.1 For the 29er Class, Rule 44.1 and P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

**13 SCORING**

13.1 One race is required to be completed to constitute a series.

- 13.2 a) When 4 or fewer races have been completed; a boat's series score will be the total of her race scores.  
b) When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

13.3 Results will be posted on the notice boards as soon as practicable.

**14 SUPPORT PERSONNEL AND SUPPORT BOATS**

- 14.1 Coaches and support boats must register in-person and list the fleet(s) and competitor(s) they are coaching/supporting
- 14.2 A numbered flag will be issued at check-in and must be displayed. Coaches are invited to participate in after race snacks. There is no coach fee but a \$20.00 deposit for the flag is required.
- 14.3 Coaches and supporters are required to monitor the CORK course channel on their VHF radios and be available to assist with safety when requested.
- 14.4 Coaches are expected to attend the coaches meeting each morning. The Sailing Instructions may give additional requirements for Coaches on the water.
- 14.5 The racing rules of sailing governing all support personnel (including coaches, parents and other persons acting in support of the competitors) became effective on 1 January, 2018. Competitors and support personnel are advised to review the new rules at "2017-2020 RRS Changes and Corrections". <http://www.sailing.org/documents/racingrules/index.php>

15 **BERTHING**

Boats shall be kept in their assigned places/assigned area while they are in the boat park. [DP]

16 **PRIZES**

CORK will provide a variety of prizes depending upon the number of competitors in the fleet. Some class associations may provide their own additional prizes.

17 **PHOTO AND VIDEO DISCLAIMER**

By participating in the event, competitors give absolute right and permission for any photograph and video footage taken of themselves or the boat they are sailing during the event to be published in any media whatsoever, for either editorial or advertising purposes or to be used in press information without compensation.

18 **DISCLAIMER OF LIABILITY**

**RISK STATEMENT**

RRS 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizers does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances

**FURTHER INFORMATION**

For further information please contact the CORK office [sail@cork.org](mailto:sail@cork.org) or via phone +1 613 545 1322.

Additional useful information regarding accommodations, travel, boat charters, equipment services and area recreation are available at [www.cork.org](http://www.cork.org).

Charter boats may be available; see <http://www.cork.org/charter-boats/>.

Canadian Prescriptions can be found at

[http://www.sailing.ca/files/RRS\\_2017\\_2020\\_Sail\\_Canada\\_Prescription\\_Final\\_EN.pdf](http://www.sailing.ca/files/RRS_2017_2020_Sail_Canada_Prescription_Final_EN.pdf).



## PARENT/GUARDIAN/LOCO PARENTIS DECLARATION

This form is required for all athletes under 18 years of age. It must be signed by the P Parent/Guardian or person acting in loco parentis

Event: \_\_\_\_\_

Name of Competitor: \_\_\_\_\_

Class: \_\_\_\_\_ Sail number: \_\_\_\_\_

### Parent/Guardian/LoCo Parentis Declaration:

I confirm I am the legal guardian of this competitor or have been asked by the legal guardian to act in loco parentis. I accept the Disclaimer of Liability below, which excludes said dependent's right to claim compensation in certain circumstances. I confirm that said dependent is competent to take part.. I consent to said dependent participating in drug testing procedures and, if asked, providing a urine sample under observation for analysis at an accredited laboratory.

During the event (tick one):

I will be responsible for my dependent throughout the event, and during the time my dependent is afloat I will be available at the event venue, both on the water and on land.

The person named below, who has agreed to act in loco parentis will be responsible for said dependent throughout the event. During the time said dependent is afloat he/she will be available at the event venue, both on the water and on land.

### Disclaimer of Liability:

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- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizers does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances

### Confirmation on Behalf of the Athlete Relating to Concussion Awareness:

Participants (under the age of 26 years old) who register with or enter the regatta after July 1st 2019 confirm, by registering/entering that they comply with the following two requirements:

I have read a Ministry Approved Concussion Awareness Resource

I have reviewed, and committed to, the Ontario Sailing Athlete Concussion Code of Conduct

Name of Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_ telephone/mobile: \_\_\_\_\_

Person in loco parentis: \_\_\_\_\_ telephone/mobile: \_\_\_\_\_

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